



BRINGING YOU GOOD NEWS Luke 2:10

MARCH 2024

*Open, O doors and bolts of my heart,
that Christ the King of Glory may enter!
Come, my Light, and illumine my darkness.
Come, my Life, and revive me from death.
Come, my Physician, and heal my wounds.
Come, Flame of divine love, and burn up the thorns of
my sins, kindling my heart with the flame of thy love.*

- Dimitri of Rostov, 1651-1709

In this month of March, Spring begins to hint with warmer days and longer sunshine. As a church, we journey with Christ Jesus through this season of Lent and into Holy Week, coming at the end of the month to Easter. This holy season is a time for deep honesty about the world, ourselves, and the God we know in Jesus. Yes, in Christian faith, we always seek to look on life with honest open eyes. But during Lent, this becomes a very purposeful focus.



In this season, we face the truth—

- of a world trapped in pain, confusion, and harm.
- of our own fragility, fallibility, and faultiness – our mortality, limitations, and sins.
- of God's suffering, self-giving care for us, and the courageously vulnerable path of Jesus who willingly set out for the city where he would be betrayed and killed.

This is reality.

And this is the reality in which God pours out love through Jesus, God-with-us. *"God so loved the world that he gave his only Son, so that everyone who believes in him won't perish but will have eternal life. God didn't send his Son into the world to judge the world, but that the world might be saved through him."* (John 3:16-17, *Common English Bible*) God created this world and us because of love. God in Christ was born, lived, and died for us because of love. God in Christ conquered death, rose again, and opened the gateways of everlasting life to us because of love.

The one who loves his enemy subdues the waves of

See **Rector** continued on page 2)



COMING EVENTS

MARCH'S REVERSE OFFERING WILL GO TO SPIRIT VALLEY FOOD BANK

- March 5—Women's Guild, 1 p.m.; Caregivers Workshop begins, 1 p.m. at Panhandle Health; Contemplative Prayer on Zoom, 5:30 p.m.; Men's Group, 6 p.m. at Elmer's
- March 7—Diocesan First Thursday Zoom, 7 p.m.
- March 12—Men's Discussion Group, 6-7 p.m.
- March 19—Contemplative Prayer on Zoom, 5:30 p.m.
- March 21—Daughters of the King, 11 a.m. in the Alison Library; Vestry meeting, 5:30 p.m.
- March 22-24—Orchard Ridge musical fundraiser
- March 24—Palm Sunday
- March 28—Maundy Thursday service, 6:30 p.m.
- March 29—Good Friday service, noon
- March 30—Great Vigil of Easter, 6:30 p.m.
- March 31—Easter Sunday
- April 13—Spring Regional Gathering Day, 9:30 a.m.-3:30 p.m. at St. Andrew's, Spokane
- April 18—"Orchestrating Change" film screening, 6-8 p.m. at HREI

Table of Contents

Birthdays & Anniversaries	3
Prayer & Worship	3-4
Formation	4-5
Learning Opportunities	6-7
Life Together	7-12
Engaging Community	12-14

Rector (continued from page 1)

the sea and stills the storm.

So, love your enemy, and you will be a new wonderworker, saving that one's soul and your own.

- Dimitri of Rostov, 1651-1709

The Way of the Cross is the Way of Love. In her visitation to St. Luke's, Bishop Gretchen reminded us that we take up our cross and follow Jesus by giving ourselves fully to loving others just as Jesus loved – and loves – every person. This kind of loving requires us to die to our own self-interests and strongly held personal convictions, assumptions, and grudges so that we can make space for openly meeting others, welcoming their stories, hearing their journeys and passions, understanding their wounds, and honoring them as God's fellow children. As our Presiding Bishop Michael Curry has said repeatedly, and as many religious leaders have said, love is not merely a feeling that comes and goes, but love is "a firm commitment to act for the well-being of someone other than yourself." (Michael Curry, *Love Is the Way*, p. 14)

How will you give yourself for others today, and each day through this season of Lent?

- ◆ Are there relationships in your life that have been wounded or broken, that you could take steps for rebuilding bridges and offering the possibility of reconciliation?
- ◆ Is there an issue affecting others that you have avoided addressing out of fear, that maybe it is time to find the courage to speak up as an ally and come to their aid and defense?
- ◆ Are there people you know about who are having trouble, who could use a helping hand?
- ◆ Is there someone you know who is lonely, whom you could offer time together over a cup of coffee?

These are just some of the ways that we can stretch ourselves in loving others around us each day. Accepting and making the best use of our limited abilities in the limited time we have, we offer what we can. Remembering how much Christ Jesus gave, we press past our usual patterns and extend ourselves in new ways to help make the world a better place for people around us. We dare to empty ourselves for others, because this is what Jesus has done for us and for the whole world.

Our vision, our mission, and our 2024 goals at St. Luke's are all for the sake of sharing, showing, celebrating, and living Christ's love. When we practice deeper listening and holy-courageous conversation with each other, we do it for love. When we open courageous and caring conversations with folks at NIC, we do it for love. When we extend ourselves to visitors, sit with them in worship, invite them to coffee hour and introduce them to others, and follow up with a phone call the next week, we do it for love. All we do for children and families is for love. Every person seeking a healthy faith that we invite into conversation and fellowship, we do for love.

This Way of Love does not end after Lent, on Easter Day. It carries forward through all our days. We follow Jesus on the journey to the Cross and the Grave, because we know that beyond them awaits the New Life, the Resurrection that conquers death forever. We can with Jesus face the truth about the world, our own mortality, and the perils and power of self-giving. Because, we know that we are already raised from death and have been given new life. Nothing will separate us from the love of Christ. So, how can we, with God's help, eliminate in ourselves anything that separates us from others and stands in our way of sharing this amazing love?

Join us in this holy season of Lent. Come for prayer and worship. Join us in prayer on Wednesdays at noon at the Fort Sherman Chapel right next to North Idaho College, and in conversation with students and staff at NIC. Join us on Tuesday evenings as we pray together in quiet online, or as we explore St. Paul's letters from prison which are truly love letters to the people and communities he had brought to faith in Jesus. Join us in other Wednesday book studies (1pm and 4pm) where we learn more about our faith. Come and pray the Stations of the Cross on Fridays at noon, alone or with others. And – especially – join us for Holy Week services as we go into the deepest part of our journey with Christ: Palm Sunday, Maundy Thursday, Good Friday, the Great Vigil of Easter, and Easter Day. Find ways that help feed and strengthen your faith – and then step out with courage to offer yourself in love.

Fr. David

Prayer & Worship

MARCH BIRTHDAYS

5 Ariana Khorsand	17 Lumarie Lovey
5 Annette Knapp	19 Jeff Wickham
8 John McTear	20 Al Anderson
8 Cary Miller	21 Nancy Sue Wallace
9 Griffin Adams	22 Kara Kral
9 Lynn Brooks	22 Gwyn Rhew
11 Karen Skelton	25 Tim Quinn
13 Liz Wilson	27 Glenda Empsall



ANNIVERSARIES

1 Anne & Jonathan Sedgwick
6 Beverly & Ted Jordan
12 Kelly & Casey Campbell
16 Tina Marie & Bp. Pat Bell
23 Bob & Martha West
25 Kate & Derek Khorsand

If your birthday or anniversary is incorrect or does not appear, please notify the office so it can be corrected or added to the parish records.

PRAYERS

Strengthening, Healing and Comfort — Ern Warner, Ann Rule, Jill Kalberg, Milli Larson, Sean Whelan, Walt Siring, Andre Smith, Claudia, Jo, Julian Wheeler, John McTear, Michael Fain, John Albee, David Brooks, Lynn Curry, Eric Paavola, Ruth, Ann Jones, Ted and Beverly Jordan, Mary Kay Hanson, Martha Vilandr , Hal Worth, Kenneth Smith, Carl Vanslyke, Mike Magura, Catalina Rose, Marilyn Otto, Karen Gillenwater, Jamie Ziegler, Jane Jackson, Summer Taylor, Robin Reyes, Mary Jensen, Barbara D. Lee, Nancy Wright, Anne Salisbury, Dee McNamer, Brenda Edgington, Mary McComb, Gary Peinovich

DIOCESAN CYCLE OF PRAYER

March 3: **Beloved Community**

For the work of becoming a beloved community, we pray for the difficult but important mission and ministry of creating a just and loving world. We also give thanks for the birthday of The Rev. Kathy Lamphere (3/7).



March 10: **Continued Growth of Our Congregations**

Pray that God will guide the leadership of the church, lay and clergy, in making wise decisions that will contribute to the development of our congregations. Pray that they will have clarity of vision and the wisdom to make effective plans and strategies to reach out to the community and impact lives for Christ. We also give thanks for the birthdays of The Revs. Mary Beth Rivetti (3/11), Pat Munts (4/12), and Diana Stoffregen (3/14).

March 17: **Stewardship of Our Finances**

That our giving may bless this world, we pray that we may be generous in spirit and heart as well in resource, so that we might transform the world through our giving and transform ourselves through the understanding of God's generosity. We give thanks for the birthday of The Rev. Armand Larive (3/19).

March 24: **Daughters of the King**

We pray for their selfless dedication to ministry in their communities. We also give thanks for the birthday of The Rev. Glenda Empsall (3/27).

March 31: **Church of the Resurrection**, Roslyn & Spokane Valley

We pray for the mission and ministry of Church of the Resurrection in Roslyn and Spokane Valley. We also give thanks for the birthdays of The Revs. Kathy Prehm (4/4) and Mark Sluss (4/5).

World Council of Churches' ecumenical prayer cycle: <https://www.oikoumene.org/resources/prayer-cycle>

Worldwide Anglican Church prayer cycle: https://www.anglicancommunion.org/media/497162/acp_from-aba-to-divine-hope-via-zululand-2023-to-2026_webpdf.pdf

Prayer & Worship

HOLY WEEK SERVICES



Palm Sunday, March 24 at 8 & 10 a.m.
 Maundy Thursday, March 28 at 6:30 p.m.
 Good Friday, March 29 at Noon
 Great Vigil of Easter, March 30 at 6:30 p.m.
 Easter Sunday, March 31 at 8 & 10 a.m.



Services will also be streamed on Zoom and Facebook Live.

Stations of the Cross, Fridays at Noon Through Lent



Every Friday at noon, all are welcome to gather in the nave to walk the Stations of the Cross. Also called the Way of the Cross (*Via Crucis*), this beautiful practice is many centuries old. We share scripture and prayer at each of 14 specific events on Jesus' journey to Calvary. Led by lay people, it is a simple Lenten devotional to help you on your own spiritual journey.

Booklets are in the second drawer of the ushers' cabinet in the back of the nave. Attendees should take turns reading at each station.

Weekday Worship Opportunities

Tuesdays: Contemplative Prayer Service — This service is offered on the first and third Tuesdays of each month at 5:30 p.m. by Zoom only. Check the Friday Memo email for the Zoom link.

Wednesdays

- **Noonday Intercessory Prayer** — The service, found on page 103 of the Book of Common Prayer, is offered weekly. Through Lent the service will be in person at the Fort Sherman Chapel adjacent to North Idaho College. A brown bag lunch and open conversation follows.
- **Praise Dance** — Offered weekly at 2 p.m. Direct questions to Lyndi at lyndiphifer@icloud.com. All ages welcome.



<https://www.funmbirmingham.org/midweek-prayer-on->

Adult Christian Formation

“Being With” Discussion and Mutual Discovery

If all the meaning, beauty and goodness you have found in life so far could help you discover something that holds it all together? If there is a God, wouldn't God be best discovered with others?

Being With is about sharing stories about our lives and hearing the stories of others. These stories are the small things that mean a lot to us and they can also be the most challenging and life changing moments of our lives. There's a space for every person's life and story.

This is a wonderful program of open discussion and mutual discovery designed and used in the Church of England. It is a great space for people who are exploring faith, or who have needed to step away from an overly strict faith tradition and are looking for ways to rediscover their faith in fresh ways. Contact the church office (208-664-5533 or admin@stlukescdca.org) if you would like to be part of a “Being With” group. If you know someone who would benefit from “Being With,” please invite them to contact us. The time and location are being determined.

Adult Christian Formation

- ***Paul's Letters from Prison*** – Tuesday evenings at 5:30 p.m.

Beginning with Philippians, we will read Paul's four short letters from prison. Here is Paul, that great missionary apostle, facing the likely end of his life and looking to secure the faith of those who will carry on beyond his life. As we read these beautiful letters, we will reflect on the people who shaped faith for us, and the ways we have shaped faith for other. We each leave a legacy. What will be ours? How will we shape what lasts beyond us? What have we received, and what will we pass on?

Materials: The Bible (NRSV, CEB, or NIV versions – or any other you have); ***Ephesians, Philippians, Colossians and Philemon for Everyone***, by N.T. Wright (2023, 20th anniv. edition).

- ***What's Your Legacy? Parting Speeches in Scripture*** – Sundays after the 10 a.m. service

Throughout the Bible, there are powerful speeches, addresses, and “discourses” offered at the end of people's lives. We all have examples of leaders, family members, and friends who have offered farewells in powerful ways. The final farewells in the Bible meant something profound to the people receiving them – and to the people giving them. These speeches capture something of the legacy that each person hoped to leave with others. What is your legacy? How will you communicate it to others – now and in the future? What makes a legacy? What purpose that God has implanted in you do you want to see carried onward into future generations?

Materials: The Bible (NRSV, CEB, NIV, The Message, and other versions are all fine); Martin Luther King, Jr.'s final speech in Memphis: <https://www.afscme.org/about/history/mlk/mountaintop>; Nelson Mandela's final speech in South Africa: http://www.mandela.gov.za/mandela_speeches/1999/990616_farewell.htm; “The Final Word Is Love” by Dorothy Day: <https://catholicworker.org/ddlw-867/>.

- ***Listening to God and Our Neighbors: Biblical Windows for Followers and Seekers of Christ*** — In-home study and reflection. This collection of stories and readings from scripture has been created for us as a guide to help shape how we enter caring and vulnerably courageous conversations with God and with others around us. The collection includes examples of listening and responding to God, being sent, entering confrontations and hard conversations, breaking open new ground with new people, and being changed ourselves by conversations. Each example includes questions for our prayerful reflection as individuals and as a faith community together.

Materials available at https://s3.amazonaws.com/dfc_attachments/public/documents/3314131/Final_Listening_to_God_and_Our_Neighbors.pdf

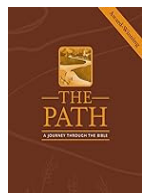
Watch the Friday Memo email for more details and updates.

Youth Formation

Walking through the Bible, Especially for 4th Through 9th Graders, Tuesdays at 3:30 p.m.

The Bible is this amazing, complex collection of books that covers thousands of years of human experience of God. In the Episcopal Church, we rely deeply on the Bible. We learn many of the stories in it, but how many of us have read the Bible and know “the path of God's love all the way from the beginning to the end, from Adam's creation to John's revelation?”

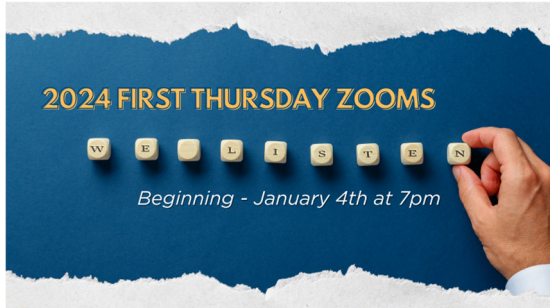
In *Walking through the Bible*, we will do just that – take a good, long tour through the whole Bible, from beginning to end. We will use a book called *The Path*, which gives us chunks from different books of the Bible surrounded by helpful summaries and explanations. We will also use videos and discussion tools from *Echo the Story*, and we will explore parts of the Bible not covered in these two resources. I look forward to walking with our young people through the Bible, and I hope you learn to discover how this sacred book is an amazing treasure!



Fr. David

Learning Opportunities

First Thursday Zooms from the Diocese, March 7 at 7 p.m.



The Diocese's First Thursday Zooms continue on March 7 at 7 p.m. This session's topic will be "Year-Round Stewardship."

This is a Zoom series to grow, strengthen and plant our congregations. All are invited to attend this free series, which will be an exploration of nine topics in 2024 following the three directives of our strategic plan: a Committed, Growing, Meaningful Relationship with Christ; a Culture of Listening, Learning, and Growing; and Connection & Hospitality.

See the Friday Memo email for the Zoom link.

Sacred Ground Series Continues on March 10 & 24 at 4 p.m. on Zoom

Deepen Your Foundation for Racial Equity through Sacred Ground Series. Undertake the Sacred Ground journey into American and Church history that helps us better love each other by understanding the historic shadow racism casts on our lives.

Although the curriculum has white Euro-Americans in mind, Sacred Ground is for every individual and for the Church as a whole, because we have all been impacted by caste systems of race. Like a typical pilgrimage, the pace will be fairly slow, so that we can absorb the beauty and challenge of the landscape with our small group of fellow travelers.



The sessions will take place on Sundays twice a month through June 2 at 4 p.m. on Zoom. Register at <https://us02web.zoom.us/meeting/register/tZlqceusqDsiGtbVf1MKxtPXzXzQgV7jXxCm#/registration> When you register you will receive an email with contact information and curriculum information, as well as the Zoom link for the sessions.

Spring Diocesan Regional Gathering Day Saturday, April 13, 9:30 a.m. - 3:30 p.m.



The Diocesan Northeast Regional Gathering Day will be held on Saturday, April 13, from 9:30 a.m. to 3:30 p.m. at St. Andrew's, 2404 N Howard St. in Spokane. Lunch will be provided.

Gathering Day is for all in the Diocese and is a great way to meet others in the Diocese, and to share and explore ideas together. Church leadership (Vestry and those who lead ministries) are especially urged and invited to come. More information will be in the April newsletter, and in future Friday Memo emails.

EDITORIAL POLICY

The newsletter contains articles of interest to members and friends of the congregation of St. Luke's Episcopal Church. The Newsletter Editor (alone or in cooperation with the Communications Ministry team) reserves the right to set submission deadlines, edit material for length or grammatical, punctuation or spelling errors, and decline material that is not in keeping with this policy. Every effort will be made to be inclusive. Any member is invited to submit story material directly to the Newsletter Editor at kfd819@gmail.com.

DEADLINES: Newsletter – 10th of each month to Kate Dolan—kfd819@gmail.com; Sunday bulletin & Friday Memo – Tuesdays by noon to parish office—office@stlukesca.org.

Learning Opportunities

Book Studies at St. Luke's

- **Wednesday afternoons at 1 p.m.:** *The Inner Eye of Love: Mysticism and Religion* by William Johnston (1997). *The Inner Eye of Love* offers a contemporary theology of mysticism that locates it at the very center of authentic religious experience. It provides as well a practical guide for meditation even as it maps out the oceanic experience toward which meditation points. Johnston begins with the mystical tradition itself, its roots and origins, its appearance and significance in the Gospels, the letters of Paul, and the early Church. He explains what mysticism is and is not, and how it is inextricably bound up with love. Contact Jill Kalberg (jill.kalberg@gmail.com), Lyndi Phifer (lyndiphifer@icloud.com) or Ern Warner (ern.m.warner@gmail.com) for more information.
- **Wednesday afternoons at 4 p.m.:** *The Kingdom, the Power, and the Glory: American Evangelicals in an Age of Extremism* by Tim Alberta (2023). Evangelical Christians are perhaps the most polarizing — and least understood — people in America today. Alberta is a practicing Christian and son of an evangelical pastor. He paints an expansive portrait of the American evangelical movement. Through the eyes of televangelists and small-town preachers, celebrity revivalists and everyday churchgoers, he tells the story of a faith cheapened by fear and a reputation stained by scandal. Contact Lisa Nunlist (lisanunlist@hotmail.com), Kara Kral (kralkara@hotmail.com) or Dave Phifer (n801dp@gmail.com) for more information.

Life Together

The Bishop's Visit of February 25

Bishop Gretchen Rehberg made her annual visit to St. Luke's on Sunday, February 25. Bishop Gretchen will soon begin her eighth year as Bishop of the Episcopal Diocese of Spokane. We had lovely coffee hours with her after both services, and enjoyed her "Ask Me Anything" conversation, which is always a highlight of her visits with us.



Parishioners from both services enjoyed Bp. Gretchen's "Ask Me Anything" conversation during the coffee hours.



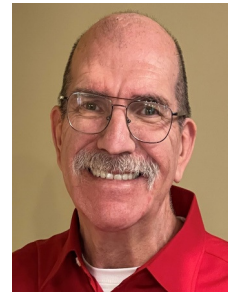
Life Together

Highlights of the Parish Annual Meeting of February 4

- Forty-seven members attended the Annual Meeting.
- Fr. David highlighted his Rector's 2023 Review, which was contained in the 2023 Annual Report.
- Fr. David extended the thanks of the parish to retiring Vestry members Lisa Nunlist, Terri Radford, and Marcia Siring, and especially to retiring Senior Warden Kristin Keyes, who had served a total of four years. Kristin "passed the baton" to Ian Hicks, the new Senior Warden appointed by Fr. David. Later in the meeting Fr. David announced that Michelle Johnson and Rod Kalberg will share the position of Junior Warden.
- Four Vestry candidates were presented. Three will serve for three years, and one for two years (to fill an unexpired term). The candidates were Janet Anderson, Jean Imperatrice, Rod Kalberg and Christopher Wigley, and all were elected by acclamation.
- Kristin Keyes and Lumarie Lovey were elected to serve as Delegates to Diocesan Convention in October. Farley Green and Marty Gustafson volunteered as alternates.
- Treasurer Dave Phifer reported that the church had another healthy financial year in 2023, and that the church met its \$225,000 pledge drive goal.



L-R: New vestry members Janet Anderson, Jean Imperatrice, Rod Kalberg & Christopher Wigley.



Outgoing vestry members Teri Radford, Marcia Siring, Kristin Keyes & Lisa Nunlist.



Parishioners listening to Fr. David's present his Rector's 2023 Review.



Kristin Keyes handed off the Senior Warden baton to Ian Hicks.

Vestry Highlights

MEETING OF FEBRUARY 15, 2023

- Welcomed new Senior Warden Ian Hicks.
- Approved Michelle Johnson and Rod Kalberg as Junior Wardens.

Good Stewards: Cary Miller for her work on the Welcoming Committee, 5th Sunday brunches, and annual meeting coffee hour coordination; the Wickham Family for creating lesson props for the February 11 Children's Chapel; Jeff Wickham for serving as substitute organist.

Next meeting: The next meeting will be on Thursday, March 21, at 5:30 p.m. in the Alison Library. All are welcome to attend.

Life Together

Children's Chapel — Props and All!

On Sunday, February 11, Children's Chapel attendees learned about the Transfiguration of Christ. The Wickham family created an enormous mountain and beautiful Jesus puppets, which really brought the lesson to life!

All are welcome to join Children's Chapel, which takes place during the 10 a.m. service between the lessons and the peace. If you are interested in helping with this wonderful, vitally important ministry, please contact The Rev. Mary Ayers (associate@stlukesca.org or 509-413-6597).



The Wickham family created this mountain, which stands about eight feet tall!



Brian Kilmer with a Jesus puppet.



Rev. Mary



Jennifer & Kinzo Mihara, Matthew Gardner, Ella, Nate & Rachel Wickham, and Brian Kilmer.

Women's Guild Meets Tuesday, March 5, at 1 p.m.

Women's Guild meets again on Tuesday, March 5, at 1 p.m., and all women of the church are invited to attend. We will have a speaker from Union Gospel Mission. In addition, for those interested we will have a short scripture study led by Lyndi Phifer prior to the meeting at 12:30 p.m.

All women of St. Luke's are always welcome to attend any Guild meeting. Guild is a great way to meet new people and find out what is happening at St. Luke's. If you have any questions or need a ride, you can contact Barbara Webb (208-651-2405).

Men's Group Meets Tuesday, March 5, at 6 p.m. at Elmer's

St. Luke's Men's Group will meet on Tuesday, March 5, at 6 p.m. at Elmer's Restaurant. All are welcome to attend.

The attendance at February's meeting was about 80% higher than in the past. We hope you will join us for the March meeting and make this a trend!

John Albee, Co-Chair (208-755-2296)

Paul Vilandr , Co-Chair (208-651-0990)

Life Together

Fat Sunday Breakfast Enjoyed by All

This year St. Luke's pivoted from the usual Shrove Tuesday Pancake Supper to having a Fat Sunday Breakfast between the two services on Sunday, February 11.

Breakfast featured pancakes, bacon, sausage, and other favorites, and a time to mingle with each other. Food preparation was done by several volunteers, and our young folks served under the guidance of Rev. Mary.



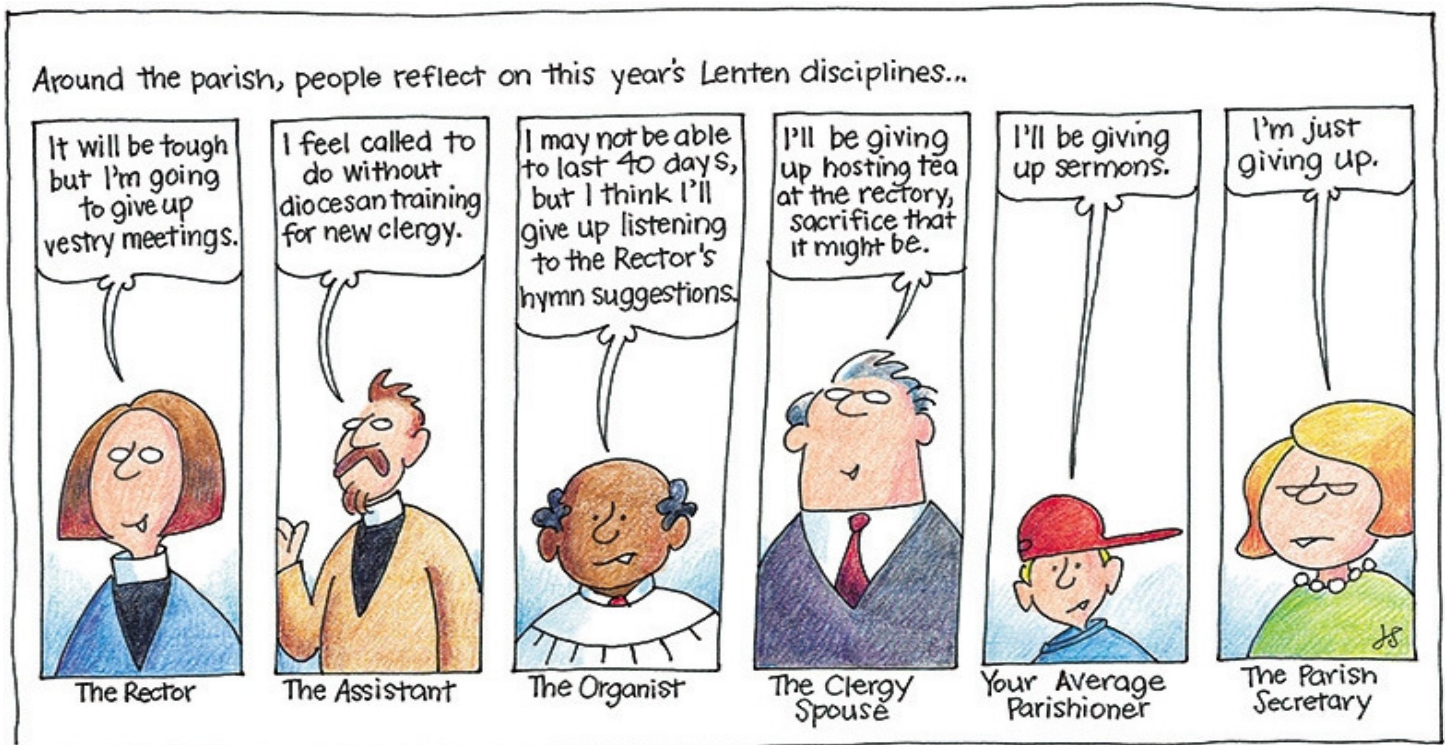
Trusty volunteers Rod Kalberg, Christopher Wigley, Al Anderson, Ian Hicks, and Bill Caisley.



David St. Amand and Phyllis Albee enjoyed their Fat Sunday treats.



A sizeable crowd turned out for the Fat Sunday Pancake Breakfast.



Life Together

Men's Study Group, Tuesday, March 12, 6 p.m.



Join us for a light meal and refreshments in the Parish Hall at 6 pm on Tuesday, March 12, for fellowship and spiritual discussion. We will continue discussions on ways our faith actively informs how we interact with those around us

Contact Dave Phifer (425-387-2882 or n801dp@gmail.com) or Ian Hicks (714-742-3412 or ianhicks@icloud.com) to RSVP that you are planning to attend - this will enable us to cater refreshments properly.

ST. MARY'S ALTAR GUILD

An Easter offering envelope for Altar Guild is enclosed with this newsletter. We hope many of you will consider making Easter donations for memorials and in thanksgiving. Your gifts will be used to decorate the sanctuary and altar for Easter and provide for other needed supplies in the coming months. We hope to acknowledge all gifts in the Easter bulletin. Due to publishing deadlines, please have your donations in by Monday, March 25. Thank you in advance for your generosity and support.



In love and service,

Jo Clifford (208-755-6926)

Debbie Lane (208-691-7428)

Co-Directresses

Our passion statement:
Quietly serving Christ while caring for
the beauty of the Sanctuary.

Sign Up To Be a Coffee Hour Host! "Many Hands Make Light Work"



The schedule is on the bulletin board. I *beg* you to please sign up. Even better if you grab another parishioner to sign up with you and divide the food preparation/purchasing and duties. Food does not have to be anything elaborate. Keep it simple! Instructions are posted in the kitchen.

Any questions, please call me at 208-712-3326.

Marcia Siring

Thanks for Wearing Your Name Tag

THANKS to everyone for wearing your name tags regularly.

If you have difficulty finding your name tag on a Sunday morning, ask a greeter or usher for assistance. If you need a new name tag, there is a bright pink sign-up sheet on the desk in the reception area.



COVID Protocols for In-Person Worship and Outside Groups

At all services, please use your judgment regarding masking or not, in keeping with your own health and concern for others. Please practice COVID etiquette, respecting those exercising caution. If you have symptoms or have tested positive, please wait until you are healthy again to come to church – join us online. Zoom links are shared in the weekly Friday memo email.

Life Together

DO A DOUBLE-CHECK!



If you are the last person in the building, *please*

Lock doors. Lights out. Set alarm.

*Michelle Johnson & Rod Kalberg
Junior Wardens*



Become an Acolyte



Adults and children ages six and older are welcome to become acolytes, a very visible and important ministry in our parish. An acolyte is a servant who assists the deacon and priest to help celebrate liturgies. We would especially love to add a few more adults to our roster! Training is provided.

If you or your child would like to become an acolyte, please contact Kate Dolan (kfd819@gmail.com or 208-640-6522).

Did You Know...?

If you are at least 70½ years old, you can make a qualified charitable distribution (QCD) each year directly from your traditional or Roth IRA to St. Luke's. The QCD can be used to satisfy your annual required minimum distribution without having the distribution included in your income.

Consult with your tax professional for details.



Engaging Community

Reverse Offering



Our January Reverse Offerings went in great abundance to the ABC Food Bank in Athol, much needed and very gratefully received.

The March collection will go to Spirit Valley Food Bank.

Questions? Call Jill Kalberg (805-551-4048).

Diocesan Prayer for 2024

Creator of all, you speak life into being and call us into holy community. Open our ears to listen, enliven our curiosity to learn, and hasten our courage to respond. Teach us how to listen and love as you do, joining with all of creation as we proclaim and embody your Good News in all that we undertake. May the Spirit's breath empower us to live these words we pray, through Jesus Christ our Lord. Amen.

Engaging Community

Our Christian Life in the World Around Us: Caring and Courageous Conversations at NIC Every Wednesday

(starting with Noonday prayer at the Fort Sherman Chapel, then moving onto campus for conversations)

One of the ways we live our mission to show and share the love of Jesus in North Idaho is through courageous conversations. From time to time, we practice ways to enter into conversations with others in ways that show care and courageous vulnerability as we invite people to share about their lives and we share about ours. Our Diocese of Spokane is dedicated this year to learning more about how to do this as a key part of our spiritual lives.

There is a team of folks from St. Luke's who want to serve the campus and people of NIC. There is no better way right now than to come with me to campus once a week to open up conversations with staff, faculty and students. We have an open invitation to come. I have found incredible welcome and deep gratitude for when I have gone into offices to meet people, just letting them know that I'm from a church that cares deeply about NIC and its people, that wants to be supportive, and that wants to offer safe conversation partners.

If you want to join in this effort, please contact me (priest@stlukesda.org or 208-664-5533). Watch the Friday Memo email for more details.

Fr. David

Free AARP Tax-Aide Program Available through April 15

The AARP Tax-Aide program helps people of **all ages** with low to moderate income. You **do not** have to be an AARP member to use this free service. The Tax-Aide sites are listed below.

- Lake City Center, 1916 Lakewood Dr., Coeur d'Alene: Monday-Friday **by appointment only**. Call 208-665-7329 to schedule.
- Dalton Gardens Church of Christ, 6439 N. 4th St, Dalton Gardens, 208-772-0541. **Walk-in slots available** Monday-Saturday, 9 a.m.-3p.m.
- Rathdrum Senior Center, 8037 Montana St.: Wednesday & Friday **by appointment only**. Call 208-659-2464 to schedule.
- Kellogg Tax-Aide center in Idaho Dept. of Health & Welfare Office, 35 Wildcat Way: Thursdays **by appointment only**. Call 208-659-1827 to schedule.

Bring all family members' Social Security cards, your 2022 income tax return, and all 2023 tax documents (W-2 form(s), Form 1099, etc.).



Orchard Ridge Senior Living — Upcoming Events

A free 6-week caregiver support class will run March 5 through April 9 at Panhandle Health, 8500 N. Atlas Rd. in Hayden. This class is geared toward people who are struggling with caregiving for a loved one, or wanting to learn how to take care of themselves in the process. Call 208-651-9060 to register. Registration is required.

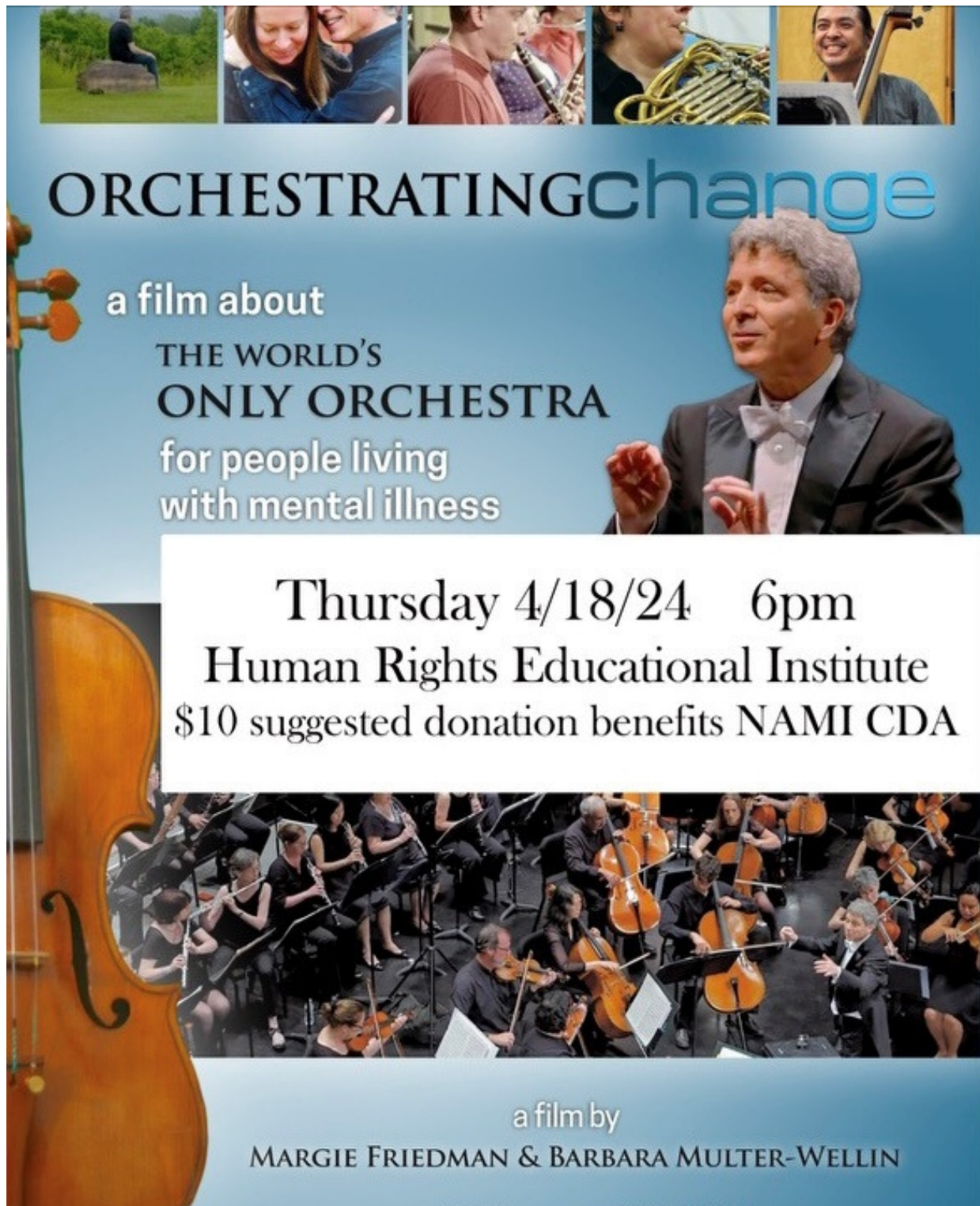
"Assisted Living: the Musical" will run March 22-24 at the Kroc Center. The cast are all volunteers, have performed in local productions before, and have some connection to Orchard Ridge. Tickets are \$30 and all proceeds will go toward Orchard Ridge's charitable care. For tickets visit www.kroccda.org or call 208-261-2388.



Contact Holly Johnson (208-664-8119) for more information about these events.

Special Screening of “Orchestrating Change” To Benefit NAMI Coeur d’Alene
Thursday, April 18, 6-8:30 p.m. at the Human Rights Education Institute

Join NAMI Coeur d’Alene for a special screening of “Orchestrating Change,” an award-winning film about the world’s only orchestra for people living with mental illness. A \$10/person suggested donation will benefit NAMI Coeur d’Alene’s outreach and programming. NAMI Coeur d’Alene is a local affiliate of the National Alliance on Mental Illness, which provides advocacy, education, support and public awareness so that all individuals and families affected by mental illness can build better lives. Fr. David and Kate Dolan are board members of NAMI Coeur d’Alene.



ORCHESTRATINGchange

a film about
THE WORLD'S
ONLY ORCHESTRA
for people living
with mental illness

Thursday 4/18/24 6pm
Human Rights Educational Institute
\$10 suggested donation benefits NAMI CDA

a film by
MARGIE FRIEDMAN & BARBARA MULTER-WELLIN

A Saint You May Not Know

Dimitri of Rostov (1651-1709) is a saint of the Ukrainian and Russian Orthodox Churches. He lived in a time of controversy over church-state relations. Before he was born, Ivan the Terrible had claimed the title of Czar and put the Church under his authority. Church leaders who stood up to this abuse of power were imprisoned and killed. During Dimitri's time as bishop, he stood up to Peter the Great who attempted to further subordinate the Church to the Czar's power. He did not succeed, but stayed in the fight. Centuries later, Soviet authorities cruelly persecuted Orthodox Christians, forcing a key church leader to pledge absolute loyalty of the Church to the Soviet Union in order to stop the persecutions. Dimitri represents Christian leaders who fight against efforts by any nation to place church leaders under secular power.



Why Do We...?

Why do we stand or kneel during worship?



We **stand** to show our respect and reverence for God, and our united readiness to respond.

We **kneel** to show our reverence for and submission to God, and our repentance.

We **sit** to take in and receive the teaching of the Word of God.

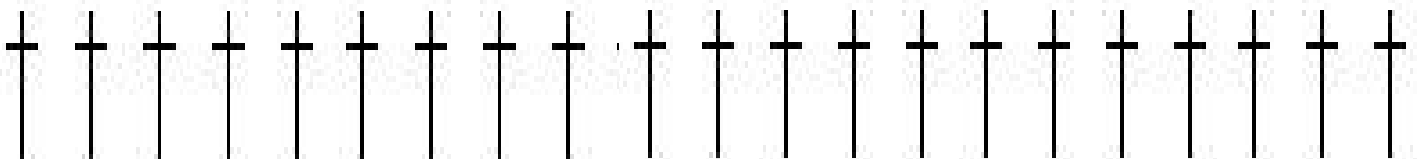
In Eastern Orthodox churches, people stand during the Eucharistic Prayer and during Prayers of the People.

In Western Catholic churches, people typically stand during the Prayers of the People but kneel during most of the Eucharistic Prayer.

Standing for worship on Sundays was considered standard practice in the early centuries of the Church – kneeling was viewed more as a posture of repentance, and Sundays and all of Easter season were viewed as days of celebration of freedom in Christ: “We consider it unlawful to fast, or to pray kneeling, upon the Lord’s day [Sunday]; we enjoy the same liberty from Easter day through Pentecost” (St. Tertullian, 150s-220s A.D.).

In the Episcopal Church, we are invited either to stand or kneel for Prayers of the People and for the Eucharistic Prayer, and to receive the Bread and Wine. Stand or kneel as you are led in your heart to do – not simply what everyone around you is doing.

We do kneel for the confession of sin.



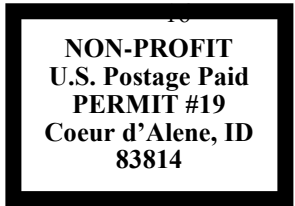


MARCH 2024

ST. LUKE'S EPISCOPAL CHURCH

501 Wallace Ave.
Coeur d'Alene, ID 83814
208-664-5533
office@stlukesca.org
www.stlukesca.org

RETURN SERVICE REQUESTED



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The Rev. Dr. David Gortner
priest@stlukesca.org

Associate Priest for Christian Formation & Discipleship

The Rev. Mary Ayers
associate@stlukesca.org

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The Rev. Glenda Empsall
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Organist

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Vestry

Class of 2025

Ian Hicks
Michelle Johnson
Annette Knapp

Class of 2026

Jeff Hennig
Andrea Partington

Class of 2027

Janet Anderson
Jean Imperatrice
Rod Kalberg
Christopher Wigley

Dave Phifer

Ian Hicks

Michelle Johnson & Rod Kalberg

Farley Green

Treasurer

Senior Warden

Junior Wardens

Clerk

Office Hours

Tuesday-Friday 9 a.m.– 3 p.m.

Sunday Service Times—Holy Eucharist

Holy Eucharist Rite I

8 a.m.

Holy Eucharist Rite II & Children's Chapel

10 a.m.

10 a.m. services will also be live-streamed online via the Zoom platform and on Facebook Live.